

Ausgezeichnet von der Österreichischen UNESCO-Kommission



Auf Empfehlung des

**Bundesministerium** Bildung, Wissenschaft und Forschung

# PEACE WEEKS

## Model Programme for three days (3rd-13th grade)

Project on respectful communication - conflict competence - peace skills - violence prevention - team building

\* The content is selected according to the needs of the group on site. The list of possible learning objectives in the programme is intended to serve as information - however, not all learning objectives must necessarily be addressed if there is no need for them in the group. The decision lies with the experts.



	DAY 1	DAY 2	DAY 3
08:30—11:30	<u>Late Morning:</u> Arrival, Welcome, getting to know the place and each other	MODUL 1 "CONFLICT - From ME to YOU to WE to ME"	MODULE 3 "TEAM - working together instead of against each other"
11:30—13:30	Lunch	Lunch	Lunch
13:30—16:30	MODUL 1 "CONFLICT - From ME to YOU to WE to ME"	MODULE 2 "TOGETHER AGAINST VIOLENCE - Courage and social competence"	<u>Early Afternoon:</u> Departure
17:30	Dinner	Dinner	



## **DESCRIPTION OF MODULES**

#### MODULE 1 "CONFLICT - From ME to YOU to WE to ME"

- A joint look at the classroom situation how do we deal with each other, how do we communicate, how do we collaborate?
- How is the status quo where do we want to go? And how do we want to achieve our goals?
- No to violence, yes to a constructive and creative approach to conflicts!
- Stop aggression and violence towards social behaviour and respectful interaction
- Practice appreciative, respectful, non-violent communication
- Experience conflict competence and conflict skills for yourself and with each other.

#### MODULE 2 "TOGETHER AGAINST VIOLENCE - Courage and social competence"

- A joint look at the classroom situation What is the potential for violence?
- Preventing violence in the classroom: No to violence, yes to respectful co-operation!
- Taking a competent, courageous, solidary and active stand against violence (recognising warning acting)
- Specific forms of violence such as bullying, gender-based violence, etc.
- Interactive exercises and effective methods

#### MODULE 3 "TEAM - working together instead of against each other"

- Show mutual understanding, respect and tolerance, view each other as equals and show solidarity.
- Self-awareness & self-conquest, sense of unity
- goal: to strengthen the group's team spirit in the long term.
- Interactive, adventurous and above all 'meaningful' exercises (indoor/outdoor) & reflection

### **TRAINER & EXPERTS**

#### Mediators & Outdoor educators

